

☯ Self - Defense & Safety Awareness Education ☯ Champion Youth & the Marlborough Recreation Department

☯☯☯ Achieve your Best in the Year 2015 Fall ☯☯☯

EXPERIENCE the VALUE. VALUE the EXPERIENCE.

Enhance your-
Mind, Body & Soul



**MARLBOROUGH
RECREATION DEPT.**



☺ **Pay Weekly** at \$10.00 Per Lesson with a \$15.00 Registration Fee

☺ **Save \$22.00 By Paying In Full:** \$118 includes the registration Fee & Testing Fee!

What ?

This unique program going on its 20th year ☺ combines Safety Awareness Education with Master Instructor, *David Shepherd* “Martial Arts Hall Fame 2011, and 2012, 3rd degree Black Belt Instructor, *Shawn Thompson* in a fun structured environment. Additional benefits include **Self-Discipline, Self-Control, Focus, Concentration, Self-Esteem, and Respect** for others.

Where ?

Classes will be held at the Kane School (Gym) on Farm Road. **Note:** Please use side entrance.

When ?

Registration and the **First Class** begins on **Wednesday, September 16th**

⇒ (For 11 Weeks) **Classes are held every Wednesday. Sorry! No Pre-Registration**

No Class - Nov 11th Veteran's Day & Nov 25th Thanksgiving week

⇒ Note: **We welcome new students up to the second week of class!**

What Time ?

New Students	Ages 5 - 8	6:00 - 6:40
All Yellow Belts & (New Students)	Ages 9 - 15	6:45 - 7:25
All Orange Belts & Above		7:30 - 8:10

A uniform (Gi/Dobok) is suggested for motivation and freedom of movement, available for \$30.00 at your class.

Come and join the fun sport of Karate... you are a “Champion”
If you have any questions, please call Champion Youth at (978) 567-8877
or The Marlboro Rec. Dept. at (508) 624-6925